

CWAM Tour of the Lake District and Northern England 2019

Friday 6th September to Sunday 8th September

The plan is to travel very light at a time of year when temperatures are still well in the comfort zone and crowds have thinned out, spending Friday night at Patterdale YHA and Saturday night at Grinton Lodge YHA. This will be shared adult accommodation at a cost of around £15 a night plus food and drink. 2 bed accommodation is available for couples if required. Just type in a search for the hostels to view their web sites.

Total mileage is around 600 over the 2½ days, leaving us with a reasonable amount of time off the bikes. A brief route summary is given below.

- Friday 12-30pm Meet at McD's Wigston Road, Coventry. A sprint up the M6 using the toll road, £3. Refuel and comfort break at Charnock Richard Services. Through the South Lakes to YHA Patterdale over the Whinlatter and Honister passes. About 190 miles. Evening meal, walk to the White Lion, Patterdale
- Saturday 9am Refuel in Keswick and on to Buttermere, Borrowdale, comfort break and coffee at Wateredge Inn, Borrans Rd. LA22 0EP Ambleside. On to the Wrynose Pass, the beautiful Duddon Valley and lunch at Coniston's Bluebird Cafe on the lakeside. About 90 miles.
- Saturday pm Heading out of the Lakes towards Ingleton. Comfort break and refuel at BP A65 near Kirby Lonsdale. LA6 2HH. Stops to admire the Ribbleshead Viaduct and Aysgarth Falls. Overnight stop at YHA Grinton Lodge, near Richmond. About 75 miles. Evening meal, walk to Bridge Inn, Grinton.
- Sunday 9am Some spectacular roads heading south. Comfort stop and refuel if required at Jet, South Street, Keighley, BD21 1BB. On to Hebdon Bridge, Saddleworth and Holmfirth (Last of the Summer Wine) with a lunch stop at Scott's Café near Glossop. About 108 miles. Refuel.
- Sunday pm Into Derbyshire for its biking highlights of Snake Pass, Hope Valley, Via Gellia and then strike out for Ashbourne (fuel at Mayfield Rd DE6 1AR if required) and Derby to pick up the M1/M69 and a dash home. Refuel and comfort break Shell DE72 2WA A50 East. About 130 miles.

The ride is open to both full and associate members and the group will be limited to 10 bikes (pillions welcome) to enable good progress to be maintained. If you wish to take part or have a query, please email me as soon as possible as accommodation will shortly open for booking and will go fast. Please include a contact telephone number. Places will be allocated in the order I receive a firm commitment.

Trevor Smith Social Ride Coordinator 07771 181342 angelaandtreavor@live.co.uk

Friday

Patterdale YHA CA11 0NW 03453 719337

White Lion 017684 82214

Saturday

Wateredge Inn, Borrans Rd. LA22 0EP Ambleside 015394 32332

Bluebird Café, Lake Road, Coniston

BP Kendal Rd Kirby Lonsdale LA6 2HH 015242 71778

Dalehead Garage, Hawes 01969 667483 until 5-30pm

Grinton Lodge YHA DL11 6HS 03453 719636

Bridge Inn 01748 884224

Sunday

Jet 172 South Street, Keighley BD21 4BB

Scotts Café, Brookfield, Glossop 01457 868955

Fuel, Duke of York, Mayfield Rd. Ashbourne, DE6 1AR